



RIVERSIDE

HEALTH CLUB

**2225 Riverside Dr.
632 Sunset Park Dr.**

**Mount Vernon, WA 98273
Sedro Woolley, WA 98284**

**360-424-4200
360-854-9285**

To all job applicants,

Thank you for applying to be a member of the elite team at Riverside Health Club.

At Riverside Health Club, we serve our community by promoting health, wellness, growth, and connection. Members experience this through excellent programming, first-rate equipment, a relationally oriented environment, and a clean & well-maintained facility.

As employers, we care about each individual and believe that your success as an employee leads to our success as a team. To succeed together, team members must have good interpersonal skills, friendliness, and a service-oriented attitude. To preserve an exceptional member and team experience, we require punctuality, good communication skills, kindness & respect in interactions.

Please attach your resume if applicable. Thank you for taking the time to come in and apply.

Beth Baeslack
Theresa Butcher
Denise Skelton
Karen L. Westra
Owners

Riverside Health Club is an equal opportunity employer.



RIVERSIDE
HEALTH CLUB

Employment Application

Riverside Health Club is an equal opportunity employer. RHC only hires individuals authorized for employment in the United States.

Position Applying for: _____ Today's Date: _____

Personal Information

Name: _____
Last First M.I.

Address: _____

Phone #: _____ Cell Number: _____

Email: _____

Do you have the legal right to live and work in the U.S.? Yes ↑ No
(proof of citizenship, visa, or alien registration number will be required upon hiring)

Are you at least 18 years old? Yes ↑ No

Are you currently attending school? Yes ↑ No

Are you currently working another job? Yes ↑ No

Hours per week available: Less than 20 20 to 30 30 or more

Are there shifts, hours, or days you cannot work? ↑ Yes ↑ No

If yes, list: _____
(please note: this information will not necessarily disqualify or exclude you for employment.)

Have you previously been employed with Riverside Health Club? Yes ↑ No

Department(s): _____

How did you find out about this employment opportunity? _____

Why do you want to work at RHC? _____

Experience & Training

Current experience, work performed in the last five (5) years.

Please circle "Yes" or "No" for each category:

↑ Yes ↑ No Cash Register

↑ Yes ↑ No Customer Service

↑ Yes ↑ No Computers

↑ Yes ↑ No Fitness Industry Experience

List any special training, experience, or skills which you feel would be an asset to working here:

Education

Type of School	Dates	School Name/City/State	Major Studies	Graduated
High School	_____	_____	_____	Yes ↑
	_____	_____	_____	No ↑
College/Trade	_____	_____	_____	Yes ↑
	_____	_____	_____	No ↑
Graduate	_____	_____	_____	Yes ↑
	_____	_____	_____	No ↑
Other	_____	_____	_____	Yes ↑
	_____	_____	_____	No ↑

Do you plan further education? Yes ↑ No ↑ Starting Date: _____

Personal References

Name: _____ Occupation: _____
Address: _____ Phone: _____

Name: _____ Occupation: _____
Address: _____ Phone: _____

Employment History

List below present and past employment, beginning with the most recent. Also, describe supplementary experience/training which relates to the position for which you are applying (i.e., part-time employment, unpaid or volunteer services, and military service).

Name of employer: _____

Address: _____ Phone: _____

May we contact this employer? Yes No Immediate Supervisor: _____

Your title: _____

Specific Duties: _____

Dates Employed: From: _____ To: _____

Reason for leaving: _____

Name of employer: _____

Address: _____ Phone: _____

May we contact this employer? Yes No Immediate Supervisor: _____

Your title: _____

Specific Duties: _____

Dates Employed: From: _____ To: _____

Reason for leaving: _____

Name of employer: _____

Address: _____ Phone: _____

May we contact this employer? Yes No Immediate Supervisor: _____

Your title: _____

Specific Duties: _____

Dates Employed: From: _____ To: _____

Reason for leaving: _____

Name of employer: _____

Address: _____ Phone: _____

May we contact this employer? Yes No Immediate Supervisor: _____

Your title: _____

Specific Duties: _____

Dates Employed: From: _____ To: _____

Reason for leaving: _____

Employment History

I hereby affirm that the information given by me on this application for employment is complete and accurate. I understand that any falsification or omission will be immediate grounds for dismissal. I authorize a thorough investigation to be made in connection with this application concerning my character, general reputation, employment and education background, and criminal record, whichever may be applicable. I understand what this investigation may include and I hereby release from liability former persons providing such information and authorize the release of documents, and personal interview with third parties, such as prior employers, family members, business associates, financial sources, friends, neighbors or others with whom I am acquainted. I further understand that I have the right to make a written request within a reasonable period of time for a complete and accurate disclosure of the nature and scope of the investigation.

It is understood that, as a condition of initial or continued employment, I agree to submit to such lawful examinations, medical, substance abuse, or other, as may be required by the company. The company will pay the reasonable cost of any such examination which may be required.

I understand that this application is not, and is not intended to be, a contract of employment, nor does this application obligate the employer in any way if the employer if the employer decides to employ me.

If I am hired, I agree that my employment and compensation can be terminated with or without cause and without notice, at any time, at the option of Riverside Health Club management. I understand that, unless modified by written agreement, signed both by me and the owner(s) of the company, no manager or other representative of RHC has the authority to make any agreement contrary to the foregoing, or to enter into any agreement for employment for a specified period of time, or to make any agreement contrary to other policies and practices of RHC.

I have read and affirm as my own the above statements.

Signature: _____ Date: _____



D.I.S.C. Simple Assessment

In the spaces below, identify those behaviors which are MOST and LEAST characteristics of you in an identified situation (in this case, your behavior in a fitness setting). Working left to right, assign 4, 3, 2, and 1 to each characteristic behavior: 4 representing the most and 1 the least. **Use each number only once.**

- Read the options from left to right going across the sheet.
- It helps to cover up the sheet and disclose one line at a time.
- Go with your first thought. Avoid overanalyzing. Be honest with yourself.

<input type="text"/> Directing	<input type="text"/> Influencing	<input type="text"/> Steady	<input type="text"/> Cautious
<input type="text"/> Self-Certain	<input type="text"/> Optimistic	<input type="text"/> Deliberate	<input type="text"/> Restrained
<input type="text"/> Adventurous	<input type="text"/> Enthusiastic	<input type="text"/> Predictable	<input type="text"/> Logical
<input type="text"/> Decisive	<input type="text"/> Open	<input type="text"/> Patient	<input type="text"/> Analytical
<input type="text"/> Daring	<input type="text"/> Impulsive	<input type="text"/> Stabilizing	<input type="text"/> Precise
<input type="text"/> Restless	<input type="text"/> Emotional	<input type="text"/> Protective	<input type="text"/> Doubting
<input type="text"/> Competitive	<input type="text"/> Persuading	<input type="text"/> Accommodating	<input type="text"/> Curious
<input type="text"/> Assertive	<input type="text"/> Talkative	<input type="text"/> Modest	<input type="text"/> Tactful
<input type="text"/> Experimenting	<input type="text"/> Charming	<input type="text"/> Easy-going	<input type="text"/> Consistent
<input type="text"/> Forceful	<input type="text"/> Sensitive	<input type="text"/> Sincere	<input type="text"/> Perfectionist
<input type="text"/> Total	<input type="text"/> Total	<input type="text"/> Total	<input type="text"/> Total